

## MICRO SOCCER GENERAL PRINCIPLES

These are not the RULES. This has been put together to give parents some idea as to what Micro Soccer is and how it is played. Rules will be made available to the coaches during the draft.

- Micro Soccer is a smaller version of soccer and serves as an instructional league.
- Teams usually consist of 6 players. Three players will play at a time against three players of the opposing team.
- Goal keepers are NOT used in this age division.
- Goal size is 4' x 6'.
- Coaches are allowed on the field to act as officials as well as coach the players.
- Usually the Micro game consists of 4 periods of 6 or 8 minutes. Players are rotated out half way through each period. Those sitting on the bench go into the game to play, those playing take a break on the bench.
- Score is not kept since this is an instructional league.
- Players are taught the basics like how to run and dribble the ball and how to kick the ball into the goal. They are also taught basic rules i.e. do not use your hands, how to kick the ball after penalties, where to play on the field.
- The field dimensions are about half those of our current fields. The micro field will basically be running north-south from touch line to touch line of the old fields where the 12 and under field runs east-west from goal line to goal line. Therefore, two fields can be made out of one larger field.
- Parents are welcomed but asked to remain off the field during the game.
- Most games will be Monday and Thursday at 6 pm.
- Season will conclude around Thanksgiving
- SHIN GUARDS ARE REQUIRED AND MUST BE PURCHASED BY THE GUARDIAN!  
The Recreation Department will not provide any shin guards.

Our goal is to have Micro play at the same time as the other soccer programs only on a different field.

Our hope is for every kid who wants to play to have an enjoyable time and learn the basic tenants of youth sports. Teamwork,